## About Me & Healing

My name is Agnieszka Laskus and I am a BAHA Accredited Energy Healer, a graduate from School of Intuition and Healing. Possible benefits of energy healing can manifest as improved physical, emotional, mental and spiritual sense of well-being. In my sessions I channel energy through intention, prayer, thought and gentle laying-on of hands. I connect to the energy of Source, the Universe or God of your understanding which makes the healing possible. I offer both contact and distant healing.



# Distant Healing

Distant healing can happen over the phone, Skype or Zoom. It works as. effectively as a face-to-face healing and has a similar format. We connect at the beginning and start of the session. You will be asked to sit or lie down in a restful position. You will have a choice to listen to any of my pre-recorded meditations to aid relaxation. I will provide you with a you tube link for that.



#### BEFORE THE HEALING



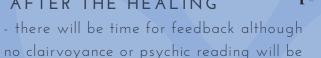
- complete relevant forms and send them to agnieszkalaskus@gmail.com
- if you have a medical condition you are advised to consult a doctor in the first instance.
- at the beginning of the session we will discuss why you have come for healing.
- you will have a choice of seated or couch healing.
- I will ask your permission to gently touch your shoulders and feet at start and at the end of the healing.

#### DURING THE HEALING

- wear something comfortable
- you may feel sensations in your body, changes to body temperature, tingling, drift off to sleep. You may feel no sensations at all, note that this does not take away from the effectiveness of your healing.
- bring your own water bottle in your face to face.session.

#### AFTER THE HEALING

offered as part of the healing



- I will ground you and ensure you are in a state of full consciousness before we close
- you will be asked to drink water to flush out toxins and avoid alcohol for the rest of the day.



# I look forward to working with you you on your healing journey

AGNIESZKA LASKUS



### DISCLAIMER

By attending the session with Agnieszka you understand that the healing session given involves energy healing for the purpose of restoring the body, mind and soul into its natural balanced state as well as working with our physical, emotional and spiritual aspects of wellbeing. You understand that these treatments are not intended as a substitute for medical or psychological care.

You understand that Agnieszka Laskus does not diagnose medical conditions, nor does she prescribe medicines, nor interferes with the treatment of a licensed medical professional. You understand that you should consult a healthcare professional for any physical or psychological ailment you have.

Most work is performed off the body and or distantly. In face to face sessions I will ask your permission to gently place hands on your shoulders, hips, knees and feet at start and end of the session.

All data obtained by a client is kept confidential.

My sessions range between £45 and £80 depending on the nature of the healing..



Most of my work is carried out remotely but on request I see clients in person subject to government Covid-19 guidelines. Before any face to face session you need to fill in Health Declaration Form. The space will be cleaned and disinfected. Both the healer and a client will be expected to use a sanitiser and wear a mask, unless exempt.



If you need to cancel your appointment please do so 24 hours prior to your appointment or the full fee will be charged.



## Get in touch

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Energy Healing

WITH AGNIESZKA